

FOOT BATH LIMITATIONS

WHO CAN NOT HAVE A FOOT BATH?

Patients CAN NOT have a foot bath if they:

- **Have taken any medications within 2 hours of foot bath appointment**
- **Are pregnant or breastfeeding**
- **Have a pacemaker**
- **Medication to prevent rejection of a transplanted organ**
- **Blood thinners**
- **Medications for an irregular heartbeat**
- **Pill Form Chemotherapy** – (see criteria below for Drip Form Chemo)

WHO HAS TO MEET CERTAIN CRITERIA TO HAVE A FOOT BATH?

- **Electrical implants** - can only have a foot bath if they can safely shut the electrical device off.
- **Mental health medications** – those who can safely skip a dose of their medication can take a foot bath. (Dr. can approve)
- **Blood pressure medications taken twice a day** - can safely have a foot bath.
- **Blood pressure medications taken once a day** - they must take the medication only AFTER the foot bath.
- **Drip Form Chemotherapy** - it has to be at least 3 days since the last treatment to safely have a foot bath.
- **Hypoglycemia** - recommended to eat 30 minutes before foot bath.
- **Diabetic** - recommended to eat 30 minutes before foot bath.